

**WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR
SERVICES PERFORMED BY MINDFUL HEALING LLC**

In consideration for receiving behavioral health coaching services from Mindful Healing LLC, I agree and acknowledge that I elect to voluntarily receive behavioral health coaching services from Mindful Healing LLC and am free to stop and/or leave any session.

I expressly acknowledge that behavioral health coaching services provided by Mindful Healing LLC are not performed by a licensed counselor and will be in accordance with behavioral health coaching guidelines and polices adopted by Mindful Healing LLC. I further acknowledge that Mindful Healing LLC behavioral health coaching services are not intended as a substitute for medical treatment, legal services or law enforcement protection.

I fully understand that my sessions are at all times restricted to consultation and do not involve the diagnosing, treatment of disease or any act which would constitute the practice of medicine.

I hereby Release, Waive, Discharge, and Covenant not to sue Mindful Healing LLC, its agents, officers, directors or employees from any and all liability, claims, demands, actions, and cause of action whatsoever arising out of or related to any loss, unknown personal injuries, mental anguish or agitation, damage, or injury, including death that may be sustained by me, or any property belonging to me while participating in a session.

It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind me, my heirs, executors, administrators, personal representatives, and successors and waive and release any and all rights, claims and causes of action I have or may have against Mindful Healing LLC, its agents, officers, directors or employees.

In signing this release, I acknowledge and represent that I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign voluntarily as my own free act and deed; no oral representations, statements, warranties, or inducements have been made to me and I am at least 18 years of age and fully competent to sign the agreement.

Print Name

Signature

Date